



Ankita Singh Rathour

Personal Information

Date of Birth: 23rd January, 1985
Place of Birth: Kathmandu, Nepal
Citizenship: Nepalese
Marital Status : Single

Contact Details

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Profile

Current Mid-managerial working professional - developing, analyzing and implementing programs based on gender, security and development.
Objective Seeking to further career in the field of gender, social inclusion, human security and development.

Education

2007 to 2009 **Masters in Conflict, Peace and Development Studies**
Tribhuvan University, Nepal / University of Ruhunu, Sri Lanka
2005 to 2007 **Masters in Sociology**
Tribhuvan University, Nepal
2002 to 2005 **Bachelors in Rural Development**
Purbanchal University, Nepal

Work Experience

Program Coordinator **Nov. 2009 - present**
Institute of Human Rights Commission, Nepal **Kathmandu, Nepal**

- Responsible to implement 3 different projects in 7 districts of Nepal with the focus on gender equality, social inclusion, child rights, youth empowerment, community security and armed violence.
- Design, plan, implement and coordinate all gender equality and social inclusion related activities
- Provide specific inputs during project assessment, design, implementation and progress reporting of program.
- Act and coordinated as a focal point for "Nepal Armed Violence Reduction Working Group" and an active member of "Men Engage Alliance" and " National Action Plan, 1325 and 1820 - Monitoring Committee"
- Monitor and supervise local coordinators and assist them with the work at community and report writing.
- Conduct FGDs and KILs at district level and maintain a healthy relation with community members, security agencies and local government bodies on gender and security issues.
- Conduct trainings on gender and security at national /district as well as community level.
- Monitor the on course gender mainstreaming activities at different level and provide hands on support as per the need.
- Conduct effective performance evaluations and mentors those with less experience through formal channels.
- Coordinate with different partners (national and international) and campaign / high level advocacy in the community security, gender mainstreaming, social inclusion and armed violence.
- Suggests areas for improvement in internal processes along with possible solutions.
- Leads internal teams/task forces.
- Conduct meetings, workshops, trainings and seminars (if and when necessary).
- Document translations (if and when necessary)
- Regular field visits (50% of the allocated time).
- Represent IHRICON at different national and international forums and disseminate the document project works, best practices, case studies, lessons learned and monitor findings.
- Prepare concept papers, proposals, briefing papers, and reports.

- Review the status reports of team members and address issues as appropriate.
- Monitor the project funds. Assist in the development and production of publications of IHRICON.
- Assist in the research and media monitoring.
- Compile with and help to enforce standard policies and procedures.

**Gender Professional (Consultant)
Practical Action (INGO)**

**Feb. 2009 - Aug. 2009
Sri Lanka**

- Conduct Gender Audit of the past projects implemented by Practical Action Sri Lanka and identify issues regarding gender in relation to community governance.
- Prepare gender audit on the community governance work of Practical Action, Sri Lanka project.
- Analysis of issues and recommend tools and methodologies to improve gender sensitivity in project implementation and develop a set of indicators to measure gender mainstreaming.
- Prepare detailed Gender Strategy for the projects plan, design and implementation.
- Formulate Action Plan on Gender Mainstreaming for the projects implemented by Practical Action.
- Provide gender inputs into South Asia's Gender Working Group through Practical Action, Sri Lanka.
- Conduct gender workshops and trainings for the staff and partner organizations.
- Involve in regular field visits for the better understanding of the issues related to gender mainstreaming all over the project sites.
- Edit the documents and publications of projects and make sure that they are gender friendly.

**Project Officer
SEWA Nepal (NGO)**

**May 2006 - Aug. 2008
Kathmandu, Nepal**

- Promoting gender and social inclusion dynamics in the peace building and post war recovery phase with focus on community women's groups.
- Monitoring of on-course gender mainstreaming activities at different level and provide hands on support as per the need to ensure gender equality.
- Working for gender equality, gender and development, and advocating policy and partnership; along with the works of Ministry of Women, Children and Social Welfare.
- Conduct training and workshops for the staffs in gender dimensions in the peace processes and gender and social inclusion focused development.
- Campaigning and high level advocacy in the field of gender and social inclusion mainstreaming.

**Volunteer Lifetime Member
Nepal Red Cross Society**

**Feb. 2006 - present
Nepal**

- Conduct trainings and workshops to the trainees.
- Conduct different programs, such as awareness building, blood donation programs etc.
- Coordinate with the donors and facilitate the public relations.
- Awareness rising on disaster management.
- Conduct awareness raising programs against gender violence with focus on rural areas of Nepal.
- Assist with the documentation.

Honors/Awards

NOMA Fellowship: Awarded for continuation of 2nd Year Master's program in Peace Studies in Sri Lanka

Competencies

A. Computer: Microsoft Office Suite (Word, Excel, PowerPoint), Internet, E-mail.

B. Special Trainings:

- **"Training of Trainers - Instructional Design"** from 25th - 28th June 2013, Breakthrough India
- **"Training on Monitoring and Evaluation"** from 6th May - 11th May 2013, Breakthrough India
- **"Pop Culture with Purpose - Issue Training"** from 8th - 10th April 2013, Breakthrough India
- **"Training of Trainers - Gender and Security for Media and Civil Society in Nepal"** from 7th - 9th June 2010, Institute of Communication Nepal
- **"Training on Gender and Development"** from 28th - 30th July, 2009, Practical Action, Sri Lanka.
- International workshop on **"Mainstreaming Gender into Energy"** from 13th - 16th July 2009, ENERGIA, Sri Lanka
- International workshop on **"Gender and Community Governance in Infrastructure Services in Sri Lanka"**

- **Lanka, India and Pakistan**” from 12th - 14th May 2009, Practical Action, Sri Lanka
- **“UN Specialization Training on Child Protection and Rehabilitation”** 15th - 29th Aug 2008 IPT, Austria
- **“Training Workshop in Strategic Communication for Behavior Development and Social Change”** from 23rd - 27th March 2008, UNICEF
- **“Training Seminar on Promoting Peace through Dialogue: International Negotiation, Mediation and Conflict Resolution”** from 6th - 8th March 2008, Global Majority USA and CPDS Program at Tribhuvan University
- **“Training on Conflict and Conflict Sensitive Development”** 29th December 2007, Rotaract Club of Kathmandu Metro and Rotaract Club of Buddhanilkantha with support from ASPECT and EUROBOGEN
- **“Training on Disaster Management”** from 3rd - 12th March, 2006, Nepal Red Cross Society.
- **“Participatory Rural Appraisal (PRA)”** 2006, Rotract Club of Kathmandu Metro
- **“Training/workshop on Proposal Writing Skills”** from 23rd - 28th November. 2003, MSR Development Support Institute
- **“Courses on Arc View GIS/GPS”** from 12th - 17th January 2003, Cartography and Survey Engineering Consult

Major Academic Work

- Chief Editor **“Ensuring Human Rights”** IHRICON Annual Report 2011.
- Dissertation as part of the partial requirement of MACPDS on **“Vulnerabilities and Risks of Internally Displaced Girls in Kathmandu”**
- Dissertation as part of the partial requirement of Masters in Sociology on **“Women’s Resistance and Compliance: A Study of Brahmin - Chettri Community in Bakundol Village of Kavre District”**
- Write up on **“Social Impacts of Maoist Cantonment on Chitwan District”**

Languages

Nepali (Native tongue)

English (fluent)

Hindi (Good)